

OMM France 2015 – Final Details

Version 1.0

07/07/15

Directions

Registration is in the Melisey City Hall. See the Marie on [Google Maps](#).

Registration Times

(from http://www.adorr.fr/english/omm_english.htm)

Event type	Day ?	What ?	Time ?
OMM-FRANCE 2 days competition	Friday 10/07/2015	Welcome point	5:00pm to 7:00pm
	Saturday 11/07/2015	Welcome point	8:00am to 09:45am
		Kit check	9:45am to 10:15am
		Mass departure	10:30am
"Raid 1 jour" 1 day competition	Sunday 12/07/2015	Welcome point	8:00am to 8:30am
		Start	09:00am
"RANDONNÉE POUR TOUS" event for all	Saturday 11/07/2015	Welcome point	10:30am to 11:00am
		Start	10:45am to 11:15am
		Arriving time	4 or 5 hours after
"RANDONNÉE POUR TOUS" event for all	Sunday 12/07/2015	Welcome point	9:00am to 10:00am
		Start	9:15am to 10:15am
		Arriving time	4 or 5 hours after

Rules

See http://www.adorr.fr/english/omm_english_reglement.htm

Please bring a medical certificate or ensure that you have suitable medical insurance for the event.

Controls must be visited by both competitors carrying their rucksacks. Competitors failing to comply with this rule will be disqualified. Some controls are manned.

Compulsory gear

(From http://www.adorr.fr/english/omm_english_reglement.htm)

For each team:

A tent with groundsheet, a stove with the necessary fuel and pans, a first aid kit with at least a bandage, sterile compresses, sticking plaster and an antiseptic, a survival blanket.

For each team member:

A rucksack, a whistle and a torch with spare batteries, food for 2 days, a drink bottle (please note that water will be provided at the compulsory checkpoint and at the bivouac), a warm sleeping bag, warm and waterproof clothes. Shoes must be suitable for negotiating mountain terrain (rocks and snow) i.e. fell shoes – checks are sometimes made.

Course instructions

Course instructions will be issued as part of your registration pack. Please read these carefully.

Things to look out for are:

1/ There may be more than 1 map issued per day (e.g. as a larger scale insert with additional controls).

2/ The penalty points system. Typically you receive a penalty if you are over time, and then additional penalty points for each minute late.

The times allowed are:

Event/Épreuve	Sat/Samedi	Sun/Dimanche
Championnat de France Circuit A / 2 day OMM Long	5h30	5h30
Championnat de France Circuit B / 2 day OMM Medium/Moyen	4h30	4h30
Championnat de France Circuit C / 2 day OMM Short/Court	3h30	3h30
Classement O'TOUR Circuit D / 1 day Raid Long		4h30
Classement O'TOUR Circuit E / 1 day Raid Medium/Moyen		3h45
Classement O'TOUR Circuit F / 1 day Raid Short/Court		3h00

Tick warning and lyme disease

There are ticks in the competition area and the organisers recommend that you bring appropriate insect/tick repellent. See <http://www.nhs.uk/Conditions/Lyme-disease/Pages/Introduction.aspx> for further information.

Other Information

Be very respectful of private property. You have no priority on the roads.

One plastic bag will be given to each team containing a second plastic bag and the maps. A person with a sign will indicate the control descriptions for English speaking teams.

Marshals will be out on the course, whom you can contact in case of any problems (injured competitors etc...), and they will also monitor the implementation of the Event Rules.

Red areas are prohibited (major roads, cliffs, steep slopes dangerous work ...).

Be careful because many mountain bikers follow the paths.

Some fences are electrified.

Upon arrival at the finish, the plastic protective map bags and pins will be recovered. Please help us by remembering to give them back.

A phone contact is possible throughout the duration of the race and will be notified in your registration pack.

In case of retirement, please inform a member of the organizing team at the event centre/midcamp to avoid an unnecessary search. Have a good race!

Facebook

Monitor the latest information on <https://www.facebook.com/events/330033103873396/> as well as on <http://www.fabian4.co.uk/OMMFrance/> and http://www.adorr.fr/english/omm_english.htm.